



### **Covid-19 – We Still Can!**

At a time when our daily routines have had to change and we are told of the things we can't or shouldn't do, and we see a long list of cancelations, here is a helpful reminder:

1. Conversations will not be cancelled
2. Relationships will not be cancelled
3. Love will not be cancelled
4. Songs will not be cancelled
5. Reading will not be cancelled
6. Self-care will not be cancelled
7. Gratitude will not be cancelled
8. Hope will not be cancelled

Let's lean into the good stuff that remains!

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